

Public Service Announcement

Reminder: wildfire smoke in Nunavut communities

Start Date: September 27, 2023

End Date: October 11, 2023

Nunavut-wide

90 sec

The Department of Health would like to remind Nunavummiut that wildfires remain active across the country, including in the territories. In addition to the location of the fires, other factors such as wind direction and speed can influence which communities may experience wildfire smoke. Conditions can also change quickly.

Smoke exposure can irritate your eyes, make breathing more difficult, and worsen chronic heart and lung diseases. People at risk of more health impacts include elders, pregnant women, children, and people with pre-existing respiratory and heart conditions.

You can reduce your exposure to smoke by avoiding strenuous outdoor activities and staying indoors with windows and doors closed.

You can protect your indoor air quality by doing the following:

- Stay inside and keep your windows and doors closed. If available or needed, fans can help with staying cool.
- Use a freestanding indoor air filter if available.
- Do not add to indoor pollution by burning candles or other products.
- Limit the use of exhaust fans when not cooking.

Anyone experiencing a change with more serious symptoms such as chest pain or shortness of breath should go to their local health centre immediately.

For more information about the [Air Quality Health Index](#), visit the Government of Canada's website.

###

Media Contact:

Danarae Sommerville
A/ Manager of Communications
Department of Health
867-975-5949
dsommerville1@gov.nu.ca

PoʻdʌA-a-m-ɔ-yɛyɛC <Dʌ-aΔC ΔmʌNC, ʁ-ɔ-ɛNC Δmʌ-a-ʁ-ɔ-ɔ-ΔʌNC-ɔ-ɔ-ʁ www.gov.nu.ca.
Public Service Announcements are available in Inuktitut, English, Inuinnaqtun and French on www.gov.nu.ca.
Kavamatkunnin Tuhaqtitaujkhathailihimajun Inuktitut, Qablunaatun, Inuinnaqtun Uuiutullu uvani www.gov.nu.ca.
Les messages d'intérêt public sont disponibles en inuktitut, en anglais, en inuinnaqtun et en français au www.gov.nu.ca.

Communications